

DEFINE YOUR PATH

Before you can reach your goals, you must define them.
Get your complimentary SMART Path assessment and establish
your starting point.



A bp Fitness Smart Path assessment includes:

- Consultation with an Exercise Specialist
- Movement screen
- InBody body composition assessment
- Fitness program design
- A customized plan to meet your goals!

Email bpfitness1@bp.com to set up your appointment!



SMARTPATH