

# 2022 Personal training sessions

Follow the instructions below to self-report your personal training session attendance for points.

1. Download and complete this document.
2. Have your personal trainer sign the form.
3. Save a copy to your desktop or take a picture with your phone and upload to the *Personal training sessions* activity under *My Points > Social* on your StayWell platform.

## PARTICIPANT INFORMATION

First name:			
Last name:			
Location of session:		Date:	
Location of session:		Date:	
Location of session:		Date:	
Location of session:		Date:	
Location of session:		Date:	
Name of trainer:			

**Acknowledgement:** I hereby certify that I have participated in 5 personal training sessions during the 2022 calendar year. All coverage provided under the Plan is based on the truthfulness of statements made by participants, either in a written enrollment form, verbally or otherwise. Coverage can be voided, and any claims erroneously paid can be recovered by the Plan, if such coverage was provided, or claim paid, based on any misrepresentation or fraudulent misstatement made by any bp employee or any bp Plan vendor. I understand that bp will audit my response, and if I'm found to have answered fraudulently, my bp Health coverage for 2023 may be reduced to the Standard Health Plan Option. In addition, any fraudulent statement will be considered a violation of the bp Code of Conduct.

By checking this box, I hereby acknowledge a virtual signature and acceptance of bp's Code of Conduct.

**Questions?** Call the StayWell Helpline at 1-888-343-9862.